

December 4- January 29, 2012



YMCA of DeKalb County, Inc., 533 North St. Auburn, IN 260-925-9622

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
*5:15 –8:30am Lap Swim	*5:15 –8:30am Lap Swim	*5:15 –8:30am Lap Swim	*5:15 –8:30am Lap Swim	*5:15 –8:30am Lap Swim	8:00-12:00pm Swim lessons	1:30-3:30pm 3Lane / Open Swim
8:00-9:30am Aqua fitness	10:30-11:30am Aqua fitness	8:00-9:30am Aqua fitness	10:30-11:30am Aqua fitness	8:00-9:30am Aqua fitness	10:00-11:00am 3Lane Swim	
11:30-1:00pm Lap Swim	11:30-1:00pm Lap Swim	9:30-11:00am Swim lessons	11:30-1:00pm Lap Swim	10:30-11:30am Aqua fitness	2:00-3:30pm 3Lane/ Open swim	
5:30-7:00pm Swim team	5:30-7:00pm Swim team	11:30-1:00pm Lap Swim	5:30-7:00pm Swim team	11:30-1:00pm Lap Swim	<div style="border: 1px solid black; padding: 5px;"> <p>* 7-7:10am there will be 10 minute break for guard.</p> <p>Please note: There is a home swim meet Saturday, December 10, beginning at noon. Also, Sat. January 14, starting at 7am. There will be NO SWIM lessons January 14.</p> </div>	
7:00-8:00pm Open Swim	7:00-8:00pm Aqua fitness /2 lanes	3:15-4:00pm SACC	7:00-8:00pm Aqua fitness/ 2lane	3:15-4:00pm SACC		
	8:00-8:30pm Open swim	5:30-8:00pm Swim lessons	8:00-8:30pm Open swim	5:30-6:15pm 2Lane/Open swim		

DHS BARONS
Our DHS Barons will be hosting their second of two home swim meets on **January 19, 4:30pm warm ups, 5:30 meet start time.** If they are done by 7pm Aqua Aerobics will go on as usual

Swim Lessons

Wednesday AM:
9:30-10:00am Pre-Pike
10:00-10:30am Eel
10:30-11:00am Pike
Member fee:
\$25per swim/session
NonMember fee:
\$45per swim/session
www.ymcadekalb.org

Wednesday PM:
5:30-6:00pm Skip
5:30-6:15pm Polliwog
6:00-6:30pm Pre-Pike
6:15-7:00pm Guppy
6:30-7:00pm Pike
7:00-7:45pm Minnow & Fish
7:00-7:30pm Eel

Saturday AM:
8:00-8:45am Teen and Adult
8:45-9:30am Minnow & Fish
9:30-10:00am Pre-Pike & Pike
10:00-10:45am Guppy & Polliwog
10:45-11:15am Skip & Eel
11:15-11:45am Ray/Starfish
11:15-12:00pm FlyingFish/Shark

Sign up: December 12, member. December 15, nonmember. Lessons begin Jan. 2, 2012

www.ymcadekalb.org for more information on individual classes

Y Swim Team D

Practices:
Mon./Tues./Thurs.
5:30-7:00pm
(you can join at any time)

Fees:
\$175.00 at time of registration or
\$40.00 month

Y Membership is needed to participate in the season.

Lifeguard Certification and Re-Certification Classes

Look for one in the Spring 2012

Water Fitness

Arthritis Plus: Mon/Wed/Fri 8:00am-8:45am	Seniorcise: Tues/Thurs/Fri 10:30-11:30am	Aqua Aerobics: Mon/Wed/Fri 8:45am-9:30am Tues / Thurs 7:00pm-7:45pm
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Open Swim: A child must be at least eight years old or in the company of an adult 18 years or older. If the child is 5 or younger, the parent must be in the water with them

Lane Swim: A time for constant lap swimming in lanes. YMCA lifeguard has the right to ask the swimmer to share lanes or to leave the pool.-

Private Swim -Lessons: Please see the front desk or call 925-9622 for information