

NORTH STREET POOL

YMCA of DeKalb County, Inc., 533 North St. Auburn, IN 260-925-9622



July 5—August 15, 2010

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

<p>5:30 –8:30am Lap Swim</p> <p>8-9:30am Aqua Fitness</p> <p>11:30-1pm Lap Swim</p> <p>4-5:30pm Lap Swim</p> <p>6-7:45pm 3Lane/ Open Swim</p>	<p>5:30 –8:30am Lap Swim 10:30-11:30am Aqua Fitness 11:30-1pm Lap Swim 2-3:30pm Open Swim 6-7pm Open Swim 7-7:45pm Aqua Fitness/ 2 Lane Swim</p>	<p>5:30 –8:30am Lap Swim</p> <p>8-9:30am Aqua Fitness</p> <p>11:30-1pm Lap Swim</p> <p>4-5:30pm Lap Swim</p> <p>5:30-7:30pm 3 Lane Swim</p>	<p>5:30 –8:30am Lap Swim 10:30-11:30am Aqua Fitness 11:30-1pm Lap Swim 2-3:30pm Open Swim 6-7pm Open Swim 7-7:45pm Aqua Fitness/ 2 Lane Swim</p>	<p>5:30 –8:30am Lap Swim</p> <p>8-9:30am Aqua Fitness</p> <p>10:30-11:30am Aqua Fitness</p> <p>11:30-1pm Lap Swim</p> <p>4-5:30pm Lap Swim</p> <p>6:00-8pm 3 Lane / Open Swim</p>	<p>10am-noon 3Lane Swim</p> <p>1-2:15pm 3Lane / Open Swim</p> <p>2:30-3:30pm 3Lane / Open Swim</p>	<p>1:30-3:30pm 3Lane / Open Swim</p>
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ACTIVITIES

Open Swims

Monday: 6:00 - 7:45pm
 Tuesday: 2:00 - 3:30pm
 6:00 - 7:00pm
 Thursday: 2:00 - 3:30pm
 6:00 - 7:00pm
 Friday: 6:00 - 8:00pm
 Saturday: 1:00 - 2:15pm
 2:30 - 3:30pm
 Sunday: 1:30 - 3:30pm

Lap Swims

Monday-Friday: 5:30-8:30am
 11:30-1:00pm

Monday/Wednesday/Friday:
 4:00-5:30pm

Monday: 6:00-7:45pm

Tuesday/Thursday:
 7:00-7:45pm

Wednesday: 5:30-7:30pm

Friday: 6:00 - 8:00pm

Saturday: 10:00 - 12:00pm
 1:00 - 2:15pm
 2:30 - 3:30pm

Sunday: 1:30 - 3:30pm

Fitness Classes

Arthritis Plus:

Mon/Wed/Fri
 8:00am-8:45am

Seniorcise:

Tues/Thurs/Fri
 10:30am-11:30am

Aqua Aerobics:

Mon/Wed/Fri
 8:45am-9:30am

Tuesday / Thursday:
 7:00pm-7:45pm

Swim Lessons

Wednesday AM:
 9:30-11:00am Preschool

Wednesday PM:
 5:00-7:45pm Preschool /
 Youth

Saturday AM:
 8:00am - 12:00 noon Adult,
 Youth and Preschool

Due to mechanical issues:
 The Garrett Community
 YMCA Pool is closed and
 will be closed until further
 notice.

Please visit our North
 Street pool.

Open Swim: A child must be at least eight years old or in the company of an adult 18 years or older. If the child is 5 or younger, the parent must be in the water with them

Lane Swim: A time for constant lap swimming in lanes. YMCA lifeguard has the right to ask the swimmer to share lanes or to leave the pool.

Family Swim: Designed for our families to swim together.

Private Swim Lessons: Please see the front desk or call 925-9622 for information