

Swim lessons are held at the North Street YMCA Registration is required for each session, your child may enroll in only one class per session.

Member Fees: \$23.00 per swimmer / per session

Program Participant Fees: \$43.00 per swimmer / per session

SKIP - The primary objective is to get both the parent and child comfortable in the water.

North St.: Wednesday 5:30-6:00pm
Saturday 10:45-11:15am

PRE PIKE - A transition from SKIP, this level will prepare your child for the structure of our Pike class.

North St.: Wednesday 6:00-6:30pm
Wednesday 9:30-10:00am
Saturday 9:30-10:00am

PIKE - Designed for new swimmers and first time swimmers.

North St.: Wednesday 6:30-7:00pm
Wednesday 10:30-11:00am
Saturday 9:30-10:00am

EEL - Children begin to learn how to swim near horizontal. Children will be introduced to the back scull and CPR.

North St.: Wednesday 10:00-10:30am
Saturday 10:45-11:15am

RAY - Children will become more independent. Children will also observe CPR and First Aid.

North St.: Saturday 11:15-11:45am

STARFISH - Children refine strokes and learn kneeling dive with assistance.

North St.: Saturday 11:15-11:45am

POLLIWOG - This is the beginning level for school-age children who have not taken YMCA swim lessons.

North St.: Wednesday 5:30-6:15pm
Saturday 10:00-10:45am

GUPPY - Children will learn to swim longer distances. He or she will learn to do a front and back somersault, as well as a kneeling dive.

North St.: Wednesday 6:15-7:00pm
Saturday 10:00-10:45am

MINNOW - Children will be introduced to the dolphin kick.

North St.: Wednesday 7:00-7:45pm
Saturday 8:45-9:30am

FISH - Children will continue to perform front and back crawl.

North St.: Wednesday 7:00-7:45pm
Saturday 8:45-9:30am

FLYING FISH - Children will develop the ability to perform more complex combinations of swimming movements.

North St.: Saturday 11:15-12:00pm

SHARK - Children will refine strokes and turns.

North St.: Saturday 11:15a.m.-12:00p.m.

TEEN AND ADULT SWIM CLASSES

Ages 13 and older

TOW Helps non-swimmers become more comfortable in the water.

BEGINNER For those who are comfortable in the water & would like to learn front and back crawl.

INTERMEDIATE Improve front and back crawl and learn breast and side stroke.

North St.: Saturday 8:00 - 8:45 a.m.